



# Junior Certificate Study Skills

# Why Study Skills?

- Study skills do not come naturally, they have to be developed
- People who do well in exams are not always *smarter* they just study *better*
- Now is the time to start practicing
- Think about JC as marathon or county final
- **Start Training Today**



First...



# STUDY TIMETABLE

- Study sessions just don't happen when you feel like doing them
- They need to be scheduled on an organised timetable
- Organise timetable for holidays
- Develop a study timetable to give equal time to each subject

## Weekly Study Planner

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

# The Basics

- Don't make study sessions too long (quality v.s quantity)
- Have a quiet place to study with desk & chair or evening study
- Avoid distractions
- If you get distracted easily- get earplugs
- Make sure the study area is clutter free with good lighting
- Not too hot or cold and some fresh air
- Don't study after 9.00pm



# Homework and Study

- The recommended amount of time spent by a JC student doing homework and study should be:  
2.5 Hours Per Night
- Study/revise in manageable chunks:  
30mins per topic/subject
- Start evening with *revision/study* – 1 Hour then move to *homework- 1 ½ Hours*



***How do I make the most of class time?***



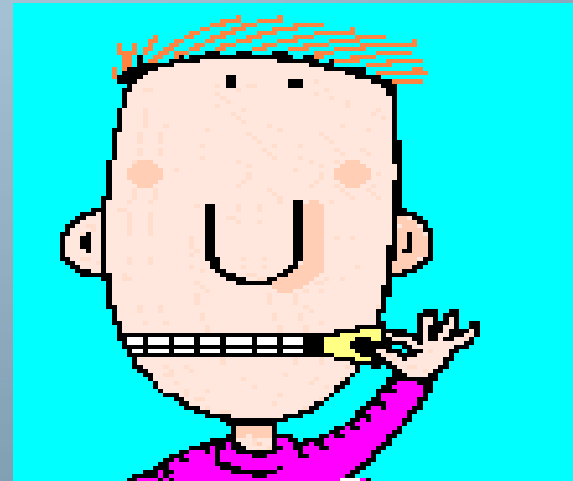
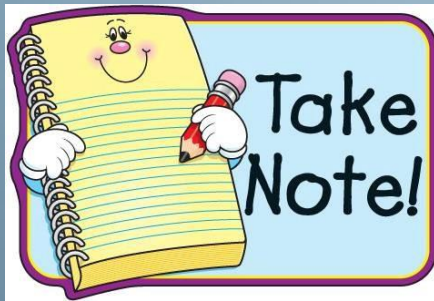
# Before Class

- Think about what the class is going to be about
- Remind yourself about last class, what was it about?
- Have your Homework Assignment out on your desk – ready to be reviewed and corrected.
- Prepare for every subject in this manner.



# During Class

- Have you any general knowledge on the topic being taught?
- Take notes on the main points (use 4-3-2-1)
- Important to listen in class and take notes (repeat what teacher says in head)



# Study/ Note Taking

- How do I revise/study well?
- How do I take good notes?



If you use the information-you will remember it!

- Reading a test for revision-chapter
- Preparing for next class
- Taking class notes

## 4-3-2-1

4 Main Ideas	
3 Key Words-Explain	
2 Questions you want answered	
1 Interesting thing you read/heard	

# How do I revise?

1. Look over material
2. Put everything away
3. Draw and label diagram/experiment on blank page
4. Correct your work and write in the parts you missed with **red pen**

This technique can be used for subjects like geography, science etc..

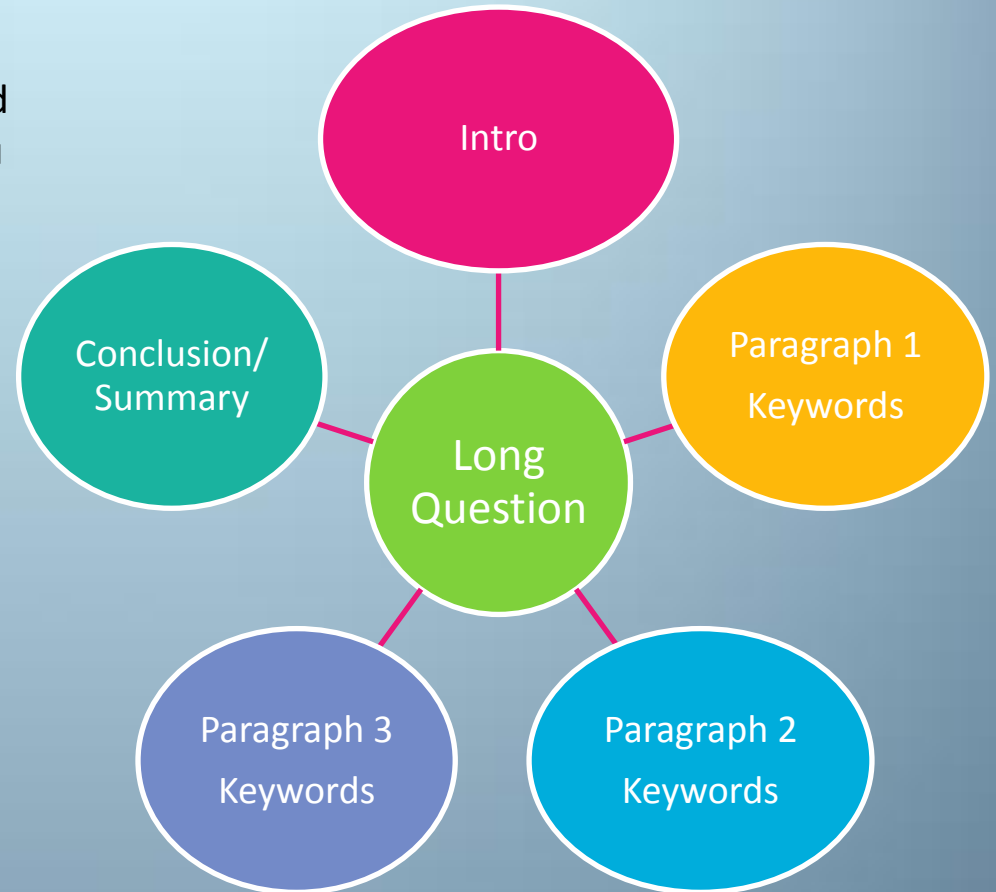


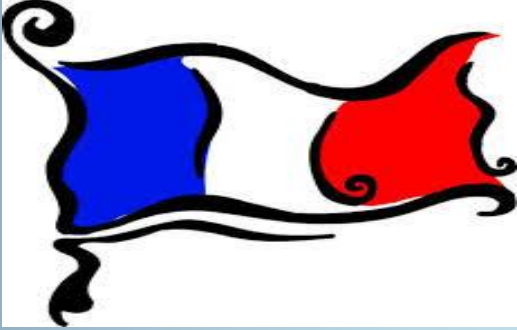
## Long Question or Essay: Mind-map

1. Pick a good question from exam papers and answer it well or pick a question /essay you have already produced
2. Read through the question and develop a mind-map
3. Put everything away
4. Reproduce the mind-map on blank page
5. Go back and correct the mind-map

If you can make the mind-map, the body of the question will be easy to reproduce

This technique can be used for subjects like History, English, Irish, Geography, Business, etc





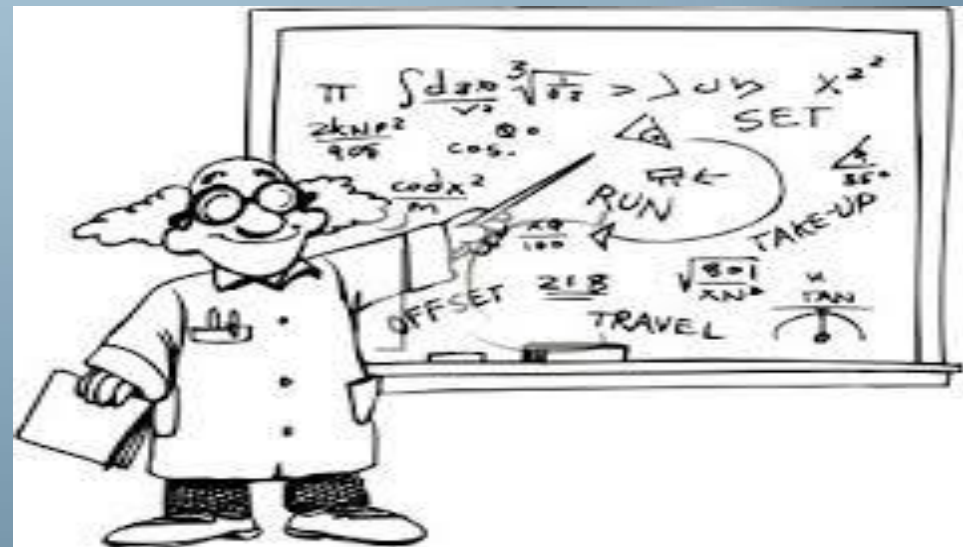
# Languages



- try to get your hands on as **many past paper comprehensions** to be familiar with question types
- after each comprehension **correct it** using the marking scheme **and red pen**
- any vocabulary you don't understand should be **noted** and **learned** for use again
- learn **five** new words every evening
- Do some tapes at home [www.examinations.ie](http://www.examinations.ie)

# Maths

- Do as many exam questions as possible
- Correct using the solutions online
- Be able to use your calculator and logs tables to their full potential



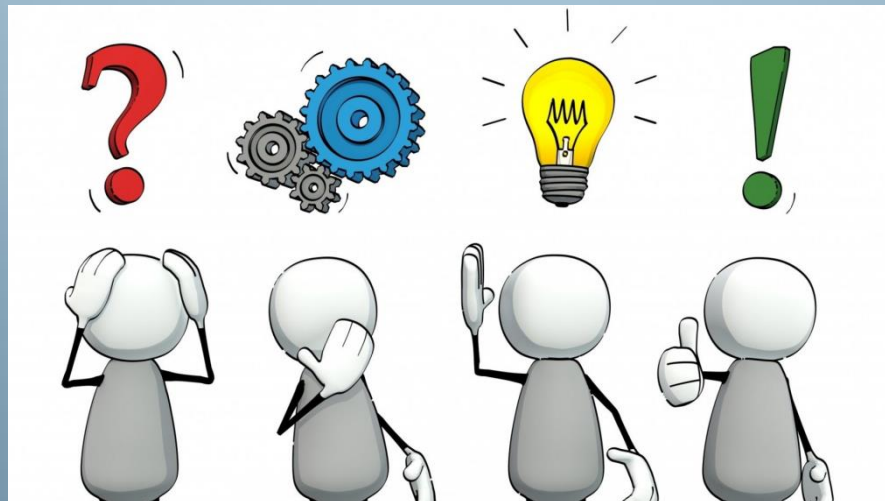
# Helpful Websites

- [www.mocks.ie](http://www.mocks.ie)
- [www.skool.ie](http://www.skool.ie) –revision checklist
- [www.examinations.ie](http://www.examinations.ie)
- [www.studynotes.ie](http://www.studynotes.ie)
- [www.qualifax.ie](http://www.qualifax.ie)
- [www.studyclix.ie](http://www.studyclix.ie)
- <https://tomato-timer.com/>





# Some Last Points



# Online Use/ Social Media



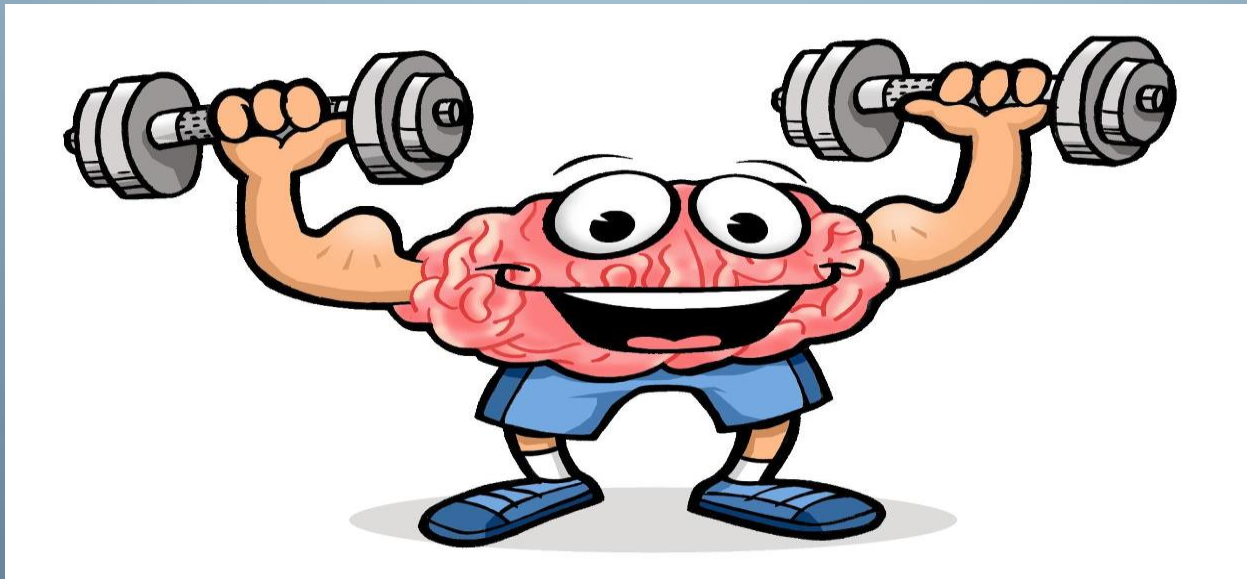
- Give your phone to someone else while studying
- Check your phone once per hour
- Leave homework/study that requires the internet until last
- Do Not Disturb/Aeroplane Mode-Smart Phone

## Weekends :

- It is important to give time to study at the weekend so put this on your timetable

## Exercise :

- Walk or jog daily to help focus the mind
- Or keep up with other sport and hobbies



# Remember..

- Procrastination is an obstacle to your goals
- ‘ Some succeed because they are destined to:  
most succeed because they are determined to.’

